

B.TOX.BAR.

Korean Skin Booster Pre & Post Treatment Instructions

About Korean Skin Boostert

Korean Skin Booster (Rejuran) is a skin treatment product and procedure that originated in South Korea. It is used for its regenerative and anti-aging properties. The treatment involves applying polynucleotides, which are DNA fragments derived from salmon, onto the skin. These polynucleotides are believed to stimulate skin repair and regeneration, resulting in improved skin texture, elasticity, and hydration. Rejuran is typically administered onto the skin before and after microneedling.

There is usually minimal downtime associated with Rejuran treatments. Some patients may experience mild swelling, redness, or bruising, but these side effects typically resolve within a few days. Visible results, such as improved skin texture and hydration, can be seen after a few weeks, with optimal results often appearing after a series of treatments.

Before Your Treatment

- If you have a seafood allergy, are pregnant, or breastfeeding, you are not a candidate for this treatment.
- Avoid agents that increase the risk of bruising 1 week prior to treatment and 2 days after:
- Aspirin, ibuprofen (Advil, Aleve, Motrin, Naprosyn), Excedrin, St. John's wort, Vitamin E, fish oil, omega-3s, ginkgo biloba, ginseng
- Do NOT stop any medications that were prescribed by your doctor and are medically necessary to take.
- Avoid drinking alcohol 48 hours before your treatment to minimize the risk of bruising
- To minimize bruising take arnica or bromelain up to 1 week prior to and 1 week after treatment or until the bruising fades.
- If we are treating around your mouth, please let us know if you have a history of developing cold sores/fever blisters so we may prescribe medication to help prevent an outbreak.
- Please let us know if you have a history of abnormal healing, scarring
- We will be cleaning your face and removing any makeup in the area before treatment. It would be easiest if you are able to come without any makeup prior to your appointment.
- Plan for this procedure well before (at least 2 weeks) any special events or functions.

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What to Expect After the Treatment

- Some redness and swelling are expected. Tenderness can also be expected for about 2-3 days.
- Bruising is possible and can last up to 1-2 weeks. Arnica cream/gel can be applied 3-5 times a day to reduce bruising.
- If you notice a painful, red, warm or draining nodule, please contact the office and return to our office as soon as possible.

Things to Avoid After Treatment

- Wait at least 24 hours before applying makeup
- Avoid vigorous exercise for 48 hours
- Avoid alcohol for 24 hours to minimize bruising